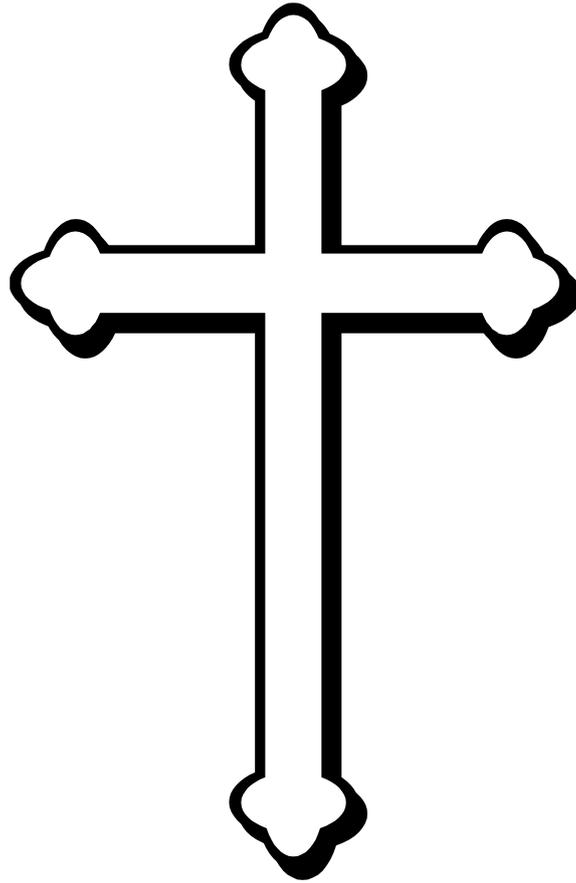




The Box River Benefice

*Boxford, Edwardstone, Groton,
Little Waldingfield and Newton*



Sung Eucharist during Lent

The service will begin with a time of quiet reflection.

The Gathering

In the name of the Father,
and of the Son,
and of the Holy Spirit.

All

Amen.

Make the sign of the cross

The Greeting

The Lord be with you
and also with you.

All

Words of welcome or introduction may be said.

Prayer of Preparation

All

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.**

Invitation to confession

The sacrifice of God is a broken spirit;
a broken and contrite heart God will not despise.
Let us come back to the Lord, who is full of compassion,
and acknowledge our transgressions in penitence and faith.

Penitential Rite

Soli Mass: Joanna Boyce

Congregation

Cantor

Show mer cy to us, lo - ving Fa ther. We have sinned a gainst you, please make us a - new. In your
 Look not on our fail - ings, Lord Je - sus. We have sinned a - gainst you, please make us a - new. By your
 Come fill our hearts, Ho - ly Spi - rit. We have sinned a - gainst you, please make us a - new. For

5

Cong.

Cant.

Lord, have
 Christ, have
 Lord, have

love and your grace you for - give us. Lord, have mer - cy.
 life and your death you re - deem us. Christ, have mer - cy.
 give us, and heal us and save us. Lord, have mer - cy.

8

Cong.

Cant.

mer - cy. Lord, have mer - cy.
 mer - cy. Christ, have mer - cy.
 mer - cy. Lord, have mer - cy.

— Lord, have mer - cy
 — Christ, have mer - cy
 — Lord, have mer - cy

President Show mercy on us loving Father. We have sinned against you, please make us a-new. In your love and your grace you forgive us.

Lord have mercy

All Lord have mercy

President Look not on our failings, Lord Jesus. We have sinned against, please make us a-new. By your life and your death you redeem us.

Christ have mercy

All Christ have mercy

President Come fill our hearts Holy Spirit. We have sinned against you, please make us a-new. Forgive us and heal us and save us.

Lord have mercy

All Lord have mercy

The president declares God's absolution by saying:

Almighty God,
who forgives all who truly repent,
have mercy upon *you*,
pardon and deliver *you* from all *your* sins,
confirm and strengthen *you* in all goodness,
and keep *you* in life eternal;
through Jesus Christ our Lord.
Amen.

All

The Collect

Let us pray

Silence

At the end of the prayer, all respond with

All

Amen.

The Liturgy of the Word

Readings

First Reading

At the end the reader says:

This is the word of the Lord.

All

Thanks be to God.

Gospel Reading

*When the Gospel is announced everyone turns to face it to show their respect for
God's Holy Word, also making the sign of the cross*

The reader says...

Hear the Gospel of our Lord Jesus Christ according to N.

All

Glory to you, O Lord.

Then at its end...

This is the Gospel of the Lord.

All

Praise to you, O Christ.

Homily

The Creed

Face East (Jerusalem/Sunrise)

Let us declare our faith in God, Father, Son and Holy Spirit.

Do you believe and trust in God the Father?

All **I believe in God, the Father almighty,
creator of heaven and earth.**

Do you believe and trust in his Son Jesus Christ?

All **I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

Do you believe and trust in the Holy Spirit?

All **I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen.**

Prayers of Intercession

These responses may be used

Lord have mercy

All **Christ have prayer.**

And at the end

Merciful Father,

All **accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

The Liturgy of the Sacrament

The Peace

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace. *(cf Romans 5.1,2)*

The peace of the Lord be always with you

All **and also with you.** *All may exchange a sign of peace.*

Preparation of the Table

Taking of the Bread and Wine

The gifts of the people are gathered and presented. The table is prepared and bread and wine are placed upon it.

The president takes the bread and wine and says:

Blessed are you, Lord God of all creation:
through your goodness we have this bread to set before you,
which earth has given and human hands have made.
It will become for us the bread of life.

All **Blessed be God for ever.**

Blessed are you, Lord God of all creation:
through your goodness we have this wine to set before you,
fruit of the vine and work of human hands.
It will become for us the cup of salvation.

All **Blessed be God for ever.**

The president now washes her/his hands and privately says a prayer of benediction to ensure that, before they are used in God's service at the Altar, they are cleansed from the sin of the world.

Pray, my brothers and sisters, that our sacrifice
may be acceptable to God, the almighty Father.

All: **May the Lord accept the sacrifice at your hands,
for the praise and glory of his name,
for our good, and the good of all his Church. Amen**

The Eucharistic Prayer

All The Lord be with you
and also with you.

Lift up your hearts.

All **We lift them to the Lord.**

All Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.
For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.
Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.
As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and *saying*:

All sing **Holy, holy, holy Lord, God of power and might,
Holy, holy, holy Lord, God of power and might,
Heaven and earth are full of your glory.
Hosanna in the highest. Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest. Hosanna in the highest.**

Accept our praises, heavenly Father,
through your Son our Saviour Jesus Christ,
and as we follow his example and obey his command,
grant that by the power of your Holy Spirit
these gifts of bread and wine
may be to us his body and his blood;

*Here we ask God to transform these sacred elements for our
spiritual and physical benefit. Here we make the sign of the cross.*

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

All **To you be glory and praise for ever.**

We make the sign of the cross.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

We make the sign of the cross.

All To you be glory and praise for ever.

Therefore, heavenly Father,
we remember his offering of himself
made once for all upon the cross;
we proclaim his mighty resurrection and glorious ascension;
we look for the coming of your kingdom,
and with this bread and this cup
we make the memorial of Christ your Son our Lord.

**All Lord, by your cross and resurrection
you have set us free.
You are the Saviour of the world.**

Accept through him, our great high priest,
this our sacrifice of thanks and praise,
and as we eat and drink these holy gifts
in the presence of your divine majesty,
renew us by your Spirit,
inspire us with your love
and unite us in the body of your Son,
Jesus Christ our Lord.

All To you be glory and praise for ever.

Through him, and with him, and in him,
in the unity of the Holy Spirit,
with all who stand before you in earth and heaven,
we worship you, Father almighty,
in songs of everlasting praise:

**All Blessing and honour and glory and power
be yours for ever and ever.
Amen.**

*Here God completes the transformation of these sacred elements as we all join in the Great Amen.
They are elevated towards heaven at the same time as heaven is brought closer to earth through
our prayer and petition. God seals the elements, making them Christ's Body and Blood for us. The
veil between heaven and earth is at its thinnest. In awe and wonder, we make the sign of the cross.*

The Lord's Prayer

We pray with confidence as our Saviour taught us:

All **Our Father, who art in heaven,**
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

Breaking of the Bread

The president breaks the consecrated bread.

We break this bread
to share in the body of Christ.

All **Though we are many, we are one body,**
because we all share in one bread.

Agnus Dei

All **Jesus, Lamb of God, have mercy on us**
Jesus, Lamb of God, have mercy on us
Jesus, Redeemer, Redeemer of the world give us your
peace. Give us your peace.

Giving of Communion

The president says the invitation to communion

Draw near with faith.
Receive the body of our Lord Jesus Christ
which he gave for you,
and his blood which he shed for you.
Eat and drink
in remembrance that he died for you,
and feed on him in your hearts
by faith with thanksgiving.

All We do not presume
to come to this your table, merciful Lord,
trusting in our own righteousness,
but in your manifold and great mercies.
We are not worthy
so much as to gather up the crumbs under your table.
But you are the same Lord
whose nature is always to have mercy.
Grant us therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ
and to drink his blood,
that our sinful bodies may be made clean by his body
and our souls washed through his most precious blood,
and that we may evermore dwell in him and he in us.
Amen.

The president and people receive communion.

We invite Christians of all denominations to join us in receiving God's holy gifts. If you are unable to get to the Altar, please make our stewards aware and they shall ask the priest to come to you. God opens his arms to everyone at his holy table!

Remain seated to finish your devotions.

Any consecrated bread and wine which is not required is reserved in the tabernacle to be used as a focus in prayer and for taking out to the sick and housebound.

Prayer after Communion

Let us pray.

Silence

At the end of the prayer all respond with...

All Amen

All Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out
in the power of your Spirit
to live and work
to your praise and glory.
Amen.

THE DISMISSAL

Blessing

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All **Amen.**

Make the sign of the cross as we ask God to bless our lives in his service.

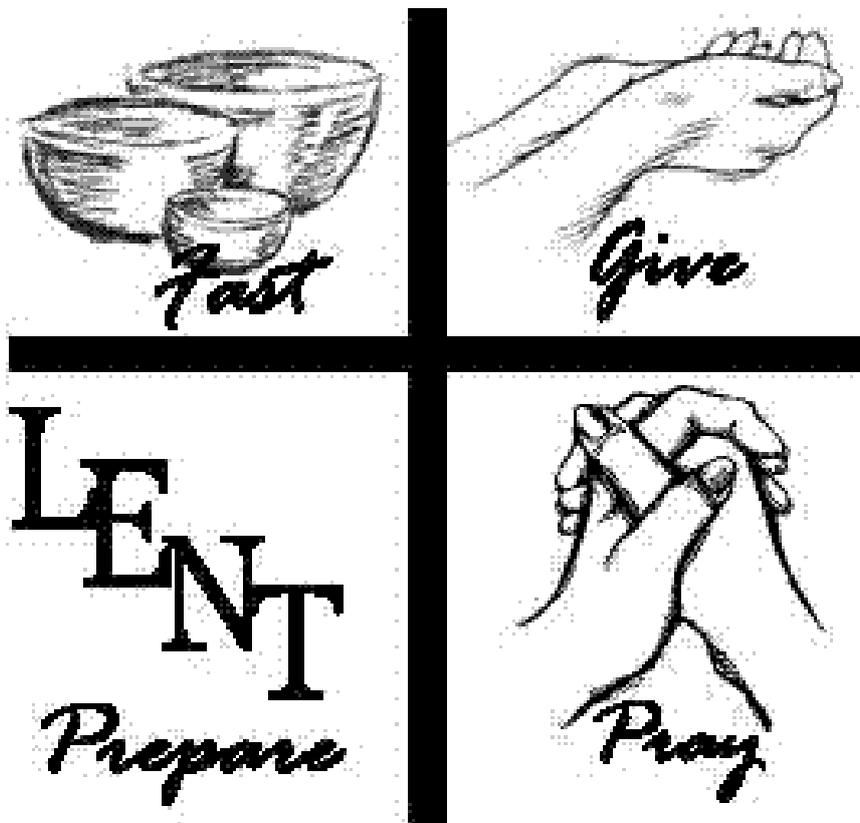
Go in peace to love and serve the Lord.

All **In the name of Christ. Amen.**

Thank you for visiting us this morning. Do return next week
so that you may continue to move closer to the God of
endless mercy who loves you and calls you home!

May you live as a Christian in the world, in ways of faithfulness, repentance, discipline, fasting, prayer and acts of service.

Pray that you are encouraged in keeping a holy Lent.



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